

# The Energy-based Realms

Volume 1:  
The energybased  
realm of the dragons

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# 1. Introduction

Most planets in the universe consist not only of a material part, but generally, also of several energy-based dimensions. The earth also belongs to these planets and therefore, consists not only of a material-based level and thus a material-based living space, but also just as much of two different energy-based levels and thus two different energy-based living spaces.

The material-based level of the earth is assigned to the so-called material-based dimension and thus the living space of the third dimension. The energy-based level of planet earth consists of the habitat of the fifth dimension and the habitat of the seventh dimension. Whereby, the two energy-based dimensions are based on completely different conditions and laws, even if they combine the commonality of the energy-based level.

So far, most people were convinced that the earth is a living space of the material-based dimension and thus left the subtle level to predominantly religious and spiritually oriented explanatory models. Explanatory models, which in most cases arise from human imagination and therefore, very rarely, correspond to the truth. The energy-based levels of the earth have no relation to any religious or spiritual realities of humans. The energy-based level of the earth is. Quite different from what people visualize in their imaginations.

Now that the borders between material-based and energy-based levels are beginning to open due to the continual increasing frequency of the earth, it seems to be time for us to formulate truth and clarity about the energy-based dimensions. This, in the hope that, over time, it will gradually dissolve the various false realities invented by humans.

The energy-based level of the earth, as already described, consists of both the fifth dimension and the seventh dimension. They both exist completely independently of one another. Just as the material-based and the energy-based levels have done so far. Nevertheless, they also flow into each other to a certain extent and thus influence one another. Regardless of whether the respective residents are aware of it or not. And with this book we would like to create awareness among people. Humans are far from being the only inhabitants of the earth. And the material-based living space is not the only living space on this planet.

“We” are in this book:

**Lady Nayla Og-Min**, Ascended Master, part of the White Brotherhood and member of the Galactic Federation of Light. In the course of her long life, Lady Nayla Og-Min was not only humanly personified in many ways, but also spent at least as many personifications on the energy-based level of the earth. The aim of these many incarnations were to get to know the laws and principles of the two levels and to work out the differences. Both levels not only house extremely different organisms with distinctly different behaviors and cultures, but are also based on extremely different circumstances and laws. If the residents of the two levels want to actually understand each other, it is imperative to have a solid basic knowledge of the two levels. On both sides.

Living beings of the energy-based dimension are definitely not humans and they don't behave that way either. And people have their very own habits and it is extremely helpful if an energy-based living being is not only aware of it, but also knows how to deal with it.

**Susanne Edelmann**, author and current human embodiment of Lady Nayla Og-Min.

If you really want to understand this book, it is advisable to work through the book "The Energy-Based Dimension" published by us beforehand

and thus not only to read it, but also to understand it comprehensively in everyday practical life. The energy-based level already exists. Also in the material-based living space. And with the appropriate knowledge and conscious mindfulness, the energy-based modes of action and laws can also be experienced in the very practical (material-based) human everyday life. Provided you make a conscious decision to do so. Capturing is ideally done from a mixture of cognitively oriented theory and very practical experience in everyday life.

In addition, you need to know the differences between the material-based and the energy-based level in order to not only understand this book, but also to be able to use it. The energy-based level cannot be grasped or understood from the framework of the material-based level. And so this book requires your ability to not only understand the effects of the two levels, but also to be able to distinguish between them.

**Adamus St. Germain**, Ascended Master, Head of the White Brotherhood and member of the Board of Directors of the Galactic Federation of Light. Lord St. Germain is currently also humanly embodied. However, completely unconsciously. The many human myths regarding the energy-based level and their living beings have become realities and therefore false information, among other things, because people have tried to

explain phenomena or living beings of the energy-based dimension out of the thinking frame of the material-based dimension. Something that is not possible and seems completely logical to anyone who actually knows the two levels. However, people are still too little aware of the energy-based level and its laws and it is therefore very worthwhile to first acquire solid basic knowledge of the two different dimensions.

**Ovid**, world teacher and highly developed being who is currently embodied as an Arcturian and lives on one of the Arcturian motherships. Ovid never lived as a human being, however, in the course of the preparatory work for the planetary frequency rise of the earth, which is also supported by Arcturians, dealt with the conditions of the earth in many ways. The books by Susanne, Nayla and Adamus are created in an energy-based way. For some time now, on the aforementioned Arcturian mother ship. This has resulted in Ovid joining the previous core team of authors and now also supporting it. Something we all enjoy and appreciate very much! We are all Ascended Masters and therefore, even in human embodied form, have abilities that an average person cannot imagine. He doesn't have to either. However, we would be grateful if you would not develop any fantasies in

this regard, but rather leave what you have read in a value-free manner.

We will introduce the realm of the dragons in this book and there are several reasons for this. On the one hand, the other realms of the energy-based level of planet earth are not yet ready to re-engage with humans. Something that can be understood based on the history of the two levels. On the other hand, the material-based level and thus, humanity, can learn a lot from the dragons.

The realm of the dragons has also experienced a lot of negative things on the part of humans. And there are also many among them who still suffer from the injuries that occurred at the time. Nevertheless, they are ready to look and face the past. Working up, (re) experiencing the pain and thus dissolving it sustainably.

Dragons are basically curious beings and they are among those who have always been interested in the material-based part of the earth. They would have liked to have had contact with people much earlier. But mankind has not necessarily behaved positively on this planet in the past millennia. Rather, they maneuvered the whole planet to the edge of the abyss with its diverse negative, violent and pathological behavior.

Many people are longing for purity and clarity. And many of them are also ready to (fully) assume responsibility again. In addition, through the fundamental increase in frequency of the earth, people now also have access (again) to their ability to perceive energy-based and thus also to the ability to differentiate between truth and realities. In our opinion, something that is urgently needed. Important prerequisites on both sides, in order to lay a sustainable foundation for a beneficial and enriching future together.

The realm of the dragons contains the energy of healed femininity. And so this book is also a very personal gift to you. Most current people (regardless of whether they are men or women) have an injured femininity and thus suffer from the long-term consequences of their own history. However, as long as this injury persists in you, you are not able to actually live in peace; in yourself and on the outside. In addition, an important part of your roots is damaged, which in turn means that you lack access to your full strength. Something that lets you walk through your life with the handbrake on. Yet, the team of authors consists of another member:

**Niishar**, dragon and in this book, representative of the realms of the dragons. Dragons (like the other inhabitants of the energy-based empires,

by the way) are interested in expanding their knowledge. This is how a novelty happens with this book: On the one hand, it is written based on material for humans and at the same time made accessible to the inhabitants of the energy-based empires of the earth (and also to all other energy-based living beings in the universe) in an energy-based way.

The conscious processing of the information about the energy-based realm of the dragons would also like to offer you personal support for your very own processing of your own life. Information is particularly valuable if it also has a very practical and positive impact on your personal quality of life. Therefore, we hope that this book not only informs you in detail, but also gives you a lot of additional presents. For you personally!

May it serve you, this book!

Sincerely  
Susanne Edelmann, Lady Nayla Og-Min, Lord St.  
Germain, Ovid, Niishar

## 2. Introduction to the energy-based realms

If you dive into the energy of the dragons with your extended energy-based perception, it will seem strangely familiar to you at best and you will probably find that you have known it for some time without being aware of where that energy belongs to. People sometimes imagine the energy-based dimension somewhat apart from the material-based dimension. Viewed purely in terms of space. However, this is not the case. The energy-based dimension is directly around you and even if this seems unusual for your human mind, the energy-based dimension surrounds you immediately. At the same time, however, for most people, the border to the energy-based dimension and thus its living space is clearly closed and they cannot perceive it.

Well, however, the fundamental frequency of the earth increases, which means that the fundamental frequency of the individual people also increases. Slowly and individually. People who already have a higher level of development have had increasingly intuitive access to the energy-based level within their living space in recent decades. From this, however, many (false) explanatory models and all sorts of man-made realities have emerged, in an attempt to explain phenomena of the energy-based dimension out of the material-based dimension. They did it with the idea to make the phenomena

understandable for people. Yet, they taught their own realities, without grasping the huge differences between the two dimensions. Most of the time, aspects of the energy-based level of the earth have also been pressed into diverse religious or spiritual constructs, without the respective people being aware that the energy-based level has no relation to the human, religious or spiritual models.

The energy-based dimension is therefore directly around you and yet is closed to most people. At the same time, however, it is now increasingly opening up and people with a medium to high level of development are given the opportunity to develop further based on energy. Something that will enrich you immensely.

Since you were drawn to this book or the book traveled to you, we assume that you are one of those people who will have access to the energy-based dimension. And if you like, feel again in the energy of the realm of the dragons and just perceive for a moment. Now let the perceived flow consciously into your heart space and by doing so, you bypass your own human mind. The human mind has a habit of comparing, analyzing and interpreting something new using the reference values available to it. However, the energy-based new cannot be compared with reference values of the material-based dimension and thus cannot be understood from this framework of thought. It therefore requires

your enhanced energy-based cognition and its center of capturing is in your heart. There, in your energetic heart space, you will grasp to a far greater extent than you were used to before. And so we invite you to continuously and consciously perceive and dive into the energy-based level that is (also) in your immediate environment in the next few days. This will help you to grasp increasingly of what is around you. The energy-based level is not somewhere in the universe. Rather, it is here, directly with you. You were only not aware of it, or at most only partially, until now.

The living space of the people thus consists of a material-based and an energy-based level. The material-based level can be perceived and explored using the five body senses that you are very familiar with (see, hear, taste, smell, perceive tactile). If, on the other hand, you want to get to know the energy-based level of your living space, you need your energy-based channels of perception. Something everyone already has. Most people are not yet aware of this. And if you want, make a conscious decision that your energy-based perception channels are allowed to open step by step and that you thus achieve full energy-based perception.